

# SUPPORT TOOLS ENABLING PARENTS



# **REHABILITATION FOLLOW-UP LOG BOOK**

Chil	ld:	•••••
	<b>.</b>	••••••

Date of birth:
Age:
Name of caregiver:
Name of fieldworker:
Address of the child:
Telephone number of caregiver:
Telephone number of fieldworker:
Type of disability:
Level of disability: mild (GMFCS I or II)/ moderate (III)/severe (IV or V)*
Enilonsy: was / na* and modication: was / na*

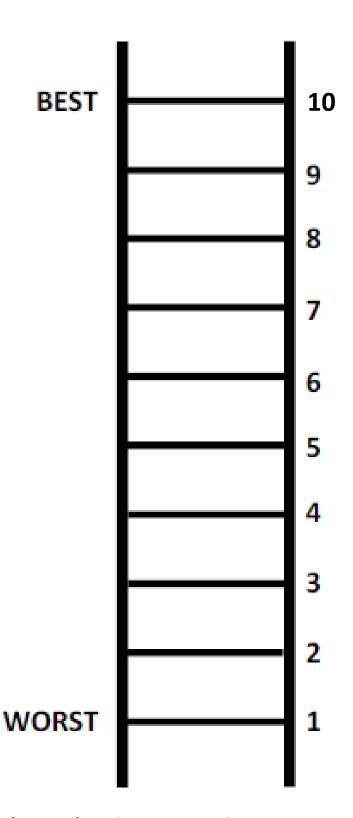
<sup>\*</sup>circle the answer that applies











Where on the ladder do you (caregiver) stand at present time? 1 2 3 4 5 6 7 8 9 10

What would help you move up the ladder?

What would make you move down the ladder?

Where on the ladder does **your child** stand at present time? 1 2 3 4 5 6 7 8 9 10

What would help you move up the ladder?

What would make you move down the ladder?

Date:

**BODY FUNCTIONS & STRUCTURES:** Information about the body and how well it is working, such as...











**ACTIVITIES & PARTICIPATION:** Information about what activities the child can and cannot do (e.g. activities of daily life, learning, schooling, play), such as...











**PERSONAL FACTORS:** Information about the child's likes, dislikes, beliefs (e.g. religion), feelings, dreams, attitude, such as...







**ENVIRONMENTAL FACTORS:** Information about the family and community, physical environment, socioeconomic factors, access to services, such as...







PLAN		
Date:		
Prioritised difficulties:		
According to the caregiver / child	According to the fieldworker (from interview and	1
	observation)	
1.	1.	
2.	2.	
3.	3.	
Goals - what do you agree needs to change within the n	ext 1-3 months?	*
1.		1
		2 3
		4
		5
2.		
		1 2
		3
		4 5
3.		1
		2
		3 4
		5
Action plan:		
1.		
2.		
3.		
<del>  .</del>		
Signature of	Signature of the	
the caregiver:	fieldworker:	
<del></del>		

<sup>\*</sup>For each goal, let the caregiver circle the score of how the activity currently goes on a scale of 1 'not good at all' to 5 'very good'.



Date of intervention:
Actions for the fieldworker today and until next week:
(Advice, actions and what to bring next time)
Astions for the shild and soussings to day and until part week.
Actions for the child and caregiver today and until next week:
(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Data of novt home visits
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:
Signature of the fieldworker:

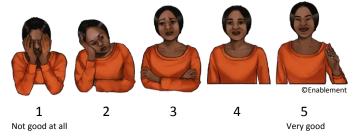
Date of intervention:
What has been done in relation to last week's goals and action plan?
Actions for the fieldworker today and until next week:
(Advice, actions and what to bring next time)
Addition for the deliberation of a state and additional and
Actions for the child and caregiver today and until next week:
(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:

Date of intervention:
What has been done in relation to last week's goals and action plan?
Actions for the fieldworker today and until next week:
(Advice, actions and what to bring next time)
Actions for the child and caregiver today and until next week:
(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
( wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:

Date of intervention:
What has been done in relation to last week's goals and action plan?
Actions for the fieldworker today and until next week:
(Advice, actions and what to bring next time)
Addition for the deliberation of a state and additional and
Actions for the child and caregiver today and until next week:
(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:

## Goal 1:

a. How would you score the goal now? (let the caregiver give the score)

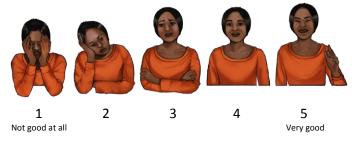


b. What has changed:

c. What was the main reason for the change:

#### Goal 2:

a. How would you score the goal now? (let the caregiver give the score)

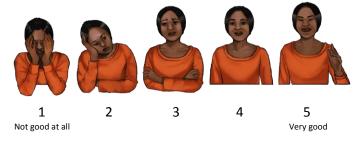


b. What has changed:

c. What was the main reason for the change:

#### Goal 3:

a. How would you score the goal now? (let the caregiver give the score)



b. What has changed:

Date:

**BODY FUNCTIONS & STRUCTURES:** Information about the body and how well it is working, such as...











**ACTIVITIES & PARTICIPATION:** Information about what activities the child can and cannot do (e.g. activities of daily life, learning, schooling, play), such as...





**PERSONAL FACTORS:** Information about the child's likes, dislikes, beliefs (e.g. religion), feelings, dreams, attitude, such as...







**ENVIRONMENTAL FACTORS:** Information about the family and community, physical environment, socioeconomic factors, access to services, such as...







PLAN		
Date:		
Prioritised difficulties:		
According to the caregiver / child	According to the fieldworker (from interview and observation)	<u> </u>
1.	1.	
2.	2.	
3.	3.	
Goals - what do you agree needs to change within the n  1.	ext 1-3 months?	* 1 2 3 4 5
2.		1 2 3 4 5
3.		1 2 3 4 5
Action plan:		
1.         2.         3.		

<sup>\*</sup>For each goal, let the caregiver circle the score of how the activity currently goes on a scale of 1 'not good at all' to 5 'very good'.



Date of intervention:
What has been done in relation to last week's goals and action plan?
Actions for the fieldworker today and until next week:
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Astions for the shild and soussiver to develop and until post week.
Actions for the child and caregiver today and until next week:
(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:
Signature of the heldworker.

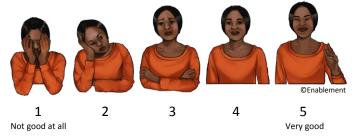
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(Advice, actions and what to bring next time)
Actions for the child and caregiver today and until next week:
(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:

Date of intervention:
What has been done in relation to last week's goals and action plan?
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Actions for the fieldworker today and until next week:
(Advice, actions and what to bring next time)
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Actions for the child and caregiver today and until next week:
(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:
Signature of the fieldworker:

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Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:

## Goal 1:

a. How would you score the goal now? (let the caregiver give the score)

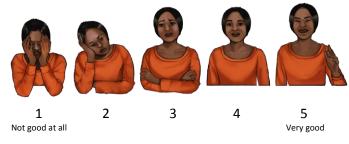


b. What has changed:

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a. How would you score the goal now? (let the caregiver give the score)

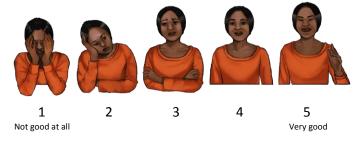


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#### Goal 3:

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b. What has changed:

Date:

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PLAN		
Date:		
Prioritised difficulties:		
According to the caregiver / child	According to the fieldworker (from interview and observation)	
1.	1.	
2.	2.	
3.	3.	
Cools, what do you are a good to should within the m	out 1.2 months?	*
Goals - what do you agree needs to change within the n  1.	ext 1-3 months?	1 2 3 4 5
2.		1 2 3 4 5
3.		1 2 3 4 5
Action plan:		
1. 2.		
3.		

<sup>\*</sup>For each goal, let the caregiver circle the score of how the activity currently goes on a scale of 1 'not good at all' to 5 'very good'.



Date of intervention:
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Astions for the shild and soussiver to develop and until post week.
Actions for the child and caregiver today and until next week:
(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the caregiver.
Signature of the fieldworker:
Signature of the fieldworker:

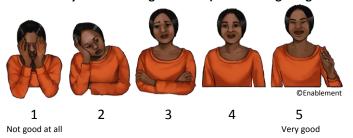
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Actions for the fieldworker today and until next week:
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Actions for the child and caregiver today and until next week:
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(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:
Signature of the fieldworker:

Date of intervention:
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(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:

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What has been done in relation to last week's goals and action plan?
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Actions for the child and caregiver today and until next week:
(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:

## Goal 1:

d. How would you score the goal now? (let the caregiver give the score)

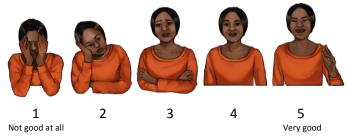


a. What has changed:

b. What was the main reason for the change:

## Goal 2:

a. How would you score the goal now? (let the caregiver give the score)

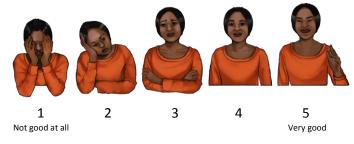


b. What has changed:

c. What was the main reason for the change:

#### Goal 3:

a. How would you score the goal now? (let the caregiver give the score)



b. What has changed:

Date:

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PLAN		
Date:		
Prioritised difficulties:		
According to the caregiver / child	According to the fieldworker (from interview and observation)	
1.	1.	
2.	2.	
3.	3.	
Cools, what do you agree needs to shange within the n	out 1.2 months?	*
Goals - what do you agree needs to change within the n  1.	ext 1-3 months?	1 2 3 4 5
2.		1 2 3 4 5
3.		1 2 3 4 5
Action plan:		
1. 2.		
3.		

<sup>\*</sup>For each goal, let the caregiver circle the score of how the activity currently goes on a scale of 1 'not good at all' to 5 'very good'.



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(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:
Signature of the helaworker.

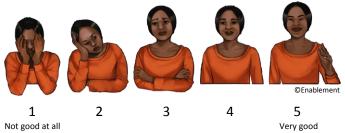
Date of intervention:	
What has been done in relation to last week's goals and action plan?	
The trace was a second as the second as a second plant	
Actions for the fieldworker today and until next week:	
(Advice, actions and what to bring next time)	
Actions for the child and caregiver today and until next week:	
(Advice, actions and what to arrange for next time)	
Feedback of the child and/or caregiver:	
(Wishes, questions, opinions)	
Date of next home visit:	
Signature of the caregiver:	
Signature of the fieldworker:	
Signature of the heldworkers	
1	

Date of intervention:
What has been done in relation to last week's goals and action plan?
A THE THE SECTION OF THE SECTION OF SECTION
Actions for the fieldworker today and until next week:
(Advice, actions and what to bring next time)
Actions for the child and caregiver today and until next week:
(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:

Date of intervention:	
What has been done in relation to last week's goals and action plan?	
The trace were an electric and electric and electric plant	
Actions for the fieldworker today and until next week:	
(Advice, actions and what to bring next time)	
Actions for the child and caregiver today and until next week:	
(Advice, actions and what to arrange for next time)	
Feedback of the child and/or caregiver:	
(Wishes, questions, opinions)	
Date of next home visit:	
Signature of the caregiver:	
Signature of the fieldworker:	
Signature of the heldworker.	
1	

## Goal 1:

d. How would you score the goal now? (let the caregiver give the score)

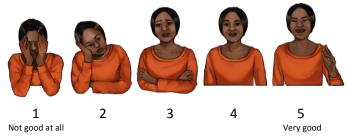


a. What has changed:

b. What was the main reason for the change:

## Goal 2:

a. How would you score the goal now? (let the caregiver give the score)

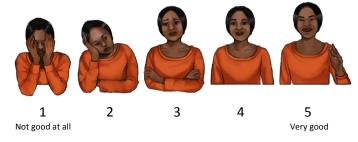


b. What has changed:

c. What was the main reason for the change:

#### Goal 3:

a. How would you score the goal now? (let the caregiver give the score)



b. What has changed:

Date:

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PLAN		
Date:		
Prioritised difficulties:		
According to the caregiver / child	According to the fieldworker (from interview and observation)	
1.	1.	
2.	2.	
3.	3.	
Goals - what do you agree needs to change within the n	ovt 1-2 months?	*
1.	ext 1-3 months:	1 2 3 4 5
2.		1 2 3 4 5
3.		1 2 3 4 5
Action plan:		
1. 2.		
3.		

<sup>\*</sup>For each goal, let the caregiver circle the score of how the activity currently goes on a scale of 1 'not good at all' to 5 'very good'.



Date of intervention:
What has been done in relation to last week's goals and action plan?
Actions for the fieldworker today and until next week:
(Advice, actions and what to bring next time)
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Astions for the shild and soussiver to develop and until post week.
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(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:
Signature of the helaworker.

Date of intervention:
What has been done in relation to last week's goals and action plan?
6 m m m m m m m m m m m m m m m m m m m
Actions for the fieldworker today and until next week:
(Advice, actions and what to bring next time)
Actions for the child and caregiver today and until next week:
(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:

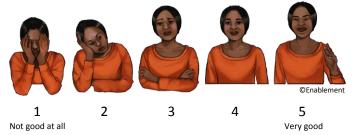
Date of intervention:
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A THE THE SECTION OF THE SECTION OF SECTION
Actions for the fieldworker today and until next week:
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Actions for the child and caregiver today and until next week:
(Advice, actions and what to arrange for next time)
Fredhad Anton Allenda and a second
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:

# **MONTHLY EVALUATION**

## Goal 1:

a. How would you score the goal now? (let the caregiver give the score)

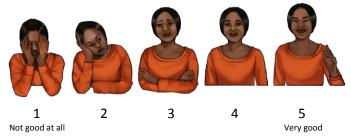


b. What has changed:

c. What was the main reason for the change:

#### Goal 2:

a. How would you score the goal now? (let the caregiver give the score)

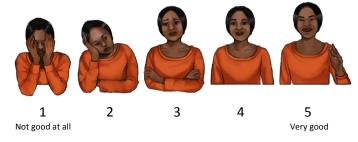


b. What has changed:

c. What was the main reason for the change:

#### Goal 3:

a. How would you score the goal now? (let the caregiver give the score)



b. What has changed:

c. What was the main reason for the change:

# REHABILITATION PROBLEM SOLVING FORM (RPS) \*see page 55 for examples

Date:

**BODY FUNCTIONS & STRUCTURES:** Information about the body and how well it is working, such as...











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PL	AN	
Date:		
Prioritised difficulties:		
According to the caregiver / child	According to the fieldworker (from interview and observation)	<u>k</u>
1.	1.	
2.	2.	
3.	3.	
Goals - what do you agree needs to change within the n	ovt 1-2 months?	*
1.	ext 1-3 months:	1 2 3 4 5
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Action plan:		
1. 2.		
3.		

<sup>\*</sup>For each goal, let the caregiver circle the score of how the activity currently goes on a scale of 1 'not good at all' to 5 'very good'.



# **INTERVENTION & MONITORING**

Date of intervention:
What has been done in relation to last week's goals and action plan?
Actions for the fieldworker today and until next week:
(Advice, actions and what to bring next time)
The state of the s
Astions for the shild and soussiver to develop and until post week.
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Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:
Signature of the helaworker.

Date of intervention:
What has been done in relation to last week's goals and action plan?
<b>0</b>
Actions for the fieldworker today and until next week:
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Astions for the shill and soussing to device division to device division.
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Date of next home visit:
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Signature of the fieldworker:
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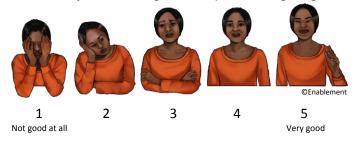
Date of intervention:
What has been done in relation to last week's goals and action plan?
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Actions for the fieldworker today and until next week:
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Feedback of the child and/or caregiver:
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Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:

# **MONTHLY EVALUATION**

## Goal 1:

d. How would you score the goal now? (let the caregiver give the score)

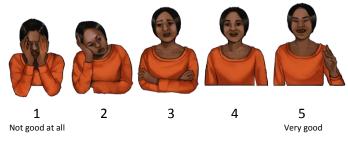


a. What has changed:

b. What was the main reason for the change:

#### Goal 2:

a. How would you score the goal now? (let the caregiver give the score)

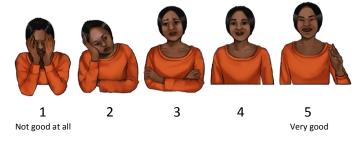


b. What has changed:

c. What was the main reason for the change:

#### Goal 3:

a. How would you score the goal now? (let the caregiver give the score)



b. What has changed:

c. What was the main reason for the change:

# REHABILITATION PROBLEM SOLVING FORM (RPS) \*see page 55 for examples

Date:

**BODY FUNCTIONS & STRUCTURES:** Information about the body and how well it is working, such as...











**ACTIVITIES & PARTICIPATION:** Information about what activities the child can and cannot do (e.g. activities of daily life, learning, schooling, play), such as...











**PERSONAL FACTORS:** Information about the child's likes, dislikes, beliefs (e.g. religion), feelings, dreams, attitude, such as...







**ENVIRONMENTAL FACTORS:** Information about the family and community, physical environment, socioeconomic factors, access to services, such as...







PL	AN	
Date:		
Prioritised difficulties:		
According to the caregiver / child	According to the fieldworker (from interview and observation)	<u>t</u>
1.	1.	
2.	2.	
3.	3.	
Goals - what do you agree needs to change within the n	ext 1-3 months?	*
1.		1 2 3 4 5
2.		1 2 3 4 5
3.		1 2 3 4 5
Action plan:		
1. 2.		
3.		

<sup>\*</sup>For each goal, let the caregiver circle the score of how the activity currently goes on a scale of 1 'not good at all' to 5 'very good'.



# **INTERVENTION & MONITORING**

Date of intervention:
What has been done in relation to last week's goals and action plan?
Actions for the fieldworker today and until next week:
(Advice, actions and what to bring next time)
The state of the s
Astions for the shild and soussiver to develop and until post week.
Actions for the child and caregiver today and until next week:
(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:
Signature of the helaworker.

Date of intervention:
What has been done in relation to last week's goals and action plan?
<b>0</b>
Actions for the fieldworker today and until next week:
(Advice, actions and what to bring next time)
Astions for the shill and soussing to device division to device division.
Actions for the child and caregiver today and until next week:
(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:
Signature of the fieldworker:

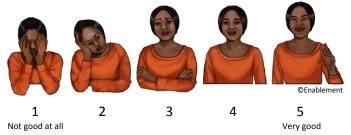
Date of intervention:
What has been done in relation to last week's goals and action plan?
A THE THE TENT OF THE THE TENT OF THE TENT
Actions for the fieldworker today and until next week:
(Advice, actions and what to bring next time)
Actions for the child and caregiver today and until next week:
(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:

Date of intervention:
What has been done in relation to last week's goals and action plan?
A THE THE SECTION OF THE SECTION OF SECTION
Actions for the fieldworker today and until next week:
(Advice, actions and what to bring next time)
Actions for the child and caregiver today and until next week:
(Advice, actions and what to arrange for next time)
Feedback of the child and/or caregiver:
(Wishes, questions, opinions)
Date of next home visit:
Signature of the caregiver:
Signature of the fieldworker:

# **MONTHLY EVALUATION**

## Goal 1:

a. How would you score the goal now? (let the caregiver give the score)

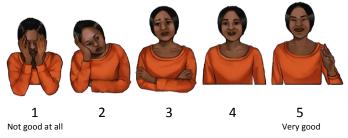


b. What has changed:

c. What was the main reason for the change:

#### Goal 2:

a. How would you score the goal now? (let the caregiver give the score)

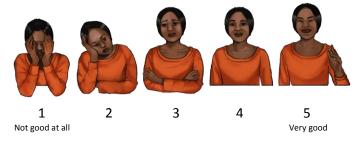


b. What has changed:

c. What was the main reason for the change:

#### Goal 3:

a. How would you score the goal now? (let the caregiver give the score)



b. What has changed:

c. What was the main reason for the change:

# **HALF YEAR REPORT** \*see page 55 for examples

Date:

**BODY FUNCTIONS & STRUCTURES:** Information about the body and how well it is working, such as...











**ACTIVITIES & PARTICIPATION:** Information about what activities the child can and cannot do (e.g. activities of daily life, learning, schooling, play), such as...









**PERSONAL FACTORS:** Information about the child's likes, dislikes, beliefs (e.g. religion), feelings, dreams, attitude, such as...







**ENVIRONMENTAL FACTORS:** Information about the family and community, physical environment, socioeconomic factors, access to services, such as...



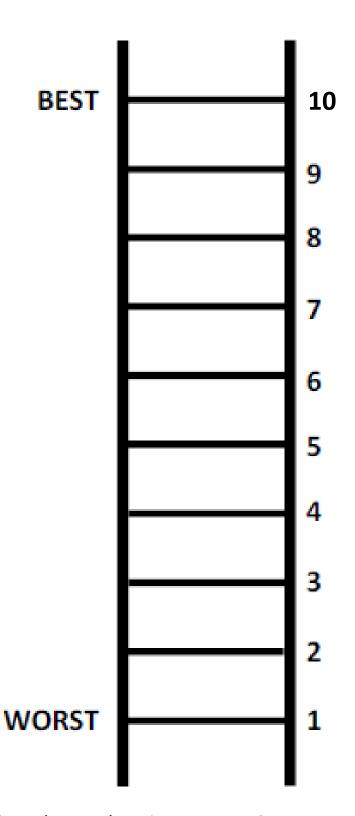




PL	AN	
Date:		
Prioritised difficulties:		
According to the caregiver / child	According to the fieldworker (from interview and observation)	<u>k</u>
1.	1.	
2.	2.	
3.	3.	
Goals - what do you agree needs to change within the n	ovt 1.2 months?	*
1.	ext 1-5 months:	1 2 3 4 5
2.		1 2 3 4 5
3.		1 2 3 4 5
Action plan:		
1. 2.		
3.		

<sup>\*</sup>For each goal, let the caregiver circle the score of how the activity currently goes on a scale of 1 'not good at all' to 5 'very good'.





Where on the ladder do you (caregiver) stand at present time? 1 2 3 4 5 6 7 8 9 10

What would help you move up the ladder?

What would make you move down the ladder?

Where on the ladder does **your child** stand at present time? 1 2 3 4 5 6 7 8 9 10

What would help you move up the ladder?

What would make you move down the ladder?

# Appendix I: RPS examples of what information can be put in which domain

#### Date:

#### **BODY FUNCTIONS & STRUCTURES:**

- Information about how the **body** system works or if something is missing. We mean parts of the body such as organs, limbs and what they are made of.
- Mental functions and nervous system e.g. understanding the concept of time, how well the child sleeps, intellectual functions such as memory.
- Senses e.g. seeing, hearing, feeling pain.
- Voice and speech functions e.g. quality of the voice (can the child speak fluently, volume of speech). Talking, understanding communication and using gestures for example has to be put under activities and participation.
- Functions of the heart system, lymph, resistance to diseases and breathing system e.g. heart rate, heart rhythm.
- Functions of the food processing, body cells, circulatory system e.g. processing food, bowel movement.
- Genitals and reproductive functions e.g. genitals, peeing and pooing well and regularly etc. The activity of toileting has to be put under activities and participation.
- Movement and related functions e.g. joints, bones, reflexes, controlling movement. This is only information about the muscles and bones. The activities you do and movement you can make have to be put under activities and participation.
- Functions of the skin and related structures e.g. repair functions of skin, hair, nails.

#### **ACTIVITIES & PARTICIPATION:**

- Information about what activities the child can and cannot do (e.g. activities of daily life, learning, schooling, play, household).
- **Participation** is being involved in a life situation such as being with friends.
- Learning and applying knowledge e.g. understanding tasks, remembering what is said, done, heard, felt, seen, reading, math.
- General tasks and demands e.g. responding to an instruction with an action, aiming your attention, holding attention, ability to plan tasks in partial steps in the right sequence or understanding the sequence of steps.
- Communication e.g. understanding words, saying words, making conversation, indicating what you want (with or without words).
- Mobility e.g. moving (e.g. rolling, crawling, creeping, moving on buttocks, walking) indoors, outdoors, transportation, going up/down stairs.
- Self-care e.g. washing, dressing, eating.
- **Domestic life** e.g. doing or helping in household tasks like cleaning etc., using household appliances.
- Interactions between persons and relationships e.g. understanding and applying social rules, managing your behaviour, ensuring it is suitable for a certain situation or activity.
- Major life areas e.g. how does school go, can the child spend time and enjoy it by him- herself?
- Community and social life e.g. joining activities in organised social life such as play, visiting friends, family or neighbours, parties.

#### **PERSONAL FACTORS:**

- Information about what the personal preferences are and characteristics of the child.
- Gender.
- Age.
- How does the child deal or cope with his/her life, strengths and challenges? What feelings have they or their family shared, or what do you observe?
- Lifestyle: how does the child spend his/her life?
- Social background: what does the child prefer in terms of friends, family, community?
- Education: wishes and preferences of the child.
- Character of the child e.g. happy, motivated or not, interested in the world around him/her.
- Personality: attitude of the child.
- Habits: which routines and habits does the child like or has the child developed?
- Preferences: what does the child like or not like? What are his/her dreams?
- Religion: does the child have religious beliefs or a certain response to religion?

### **ENVIRONMENTAL FACTORS:**

- Information about the family and community e.g. the physical environment like buildings and devices, socioeconomic conditions of the family, access to services.
- Environmental factors make up the physical, social and attitudinal environment in which people live and conduct their lives such as:
- Products and technology e.g. materials to assist in daily living like an adapted cup to drink, wheelchair, communication aids like pictures, accessibility of the house, vehicles to transport the child with.
- Natural environment and human-made changes to environment e.g. quality of the light (in the house), sounds, air, paved or unpaved roads, house being near or far from the road, influences and risks from natural forces such as rain and wind or a nearby river.
- **Support** and **relationships** e.g. from family, friends, neighbours, health professionals etc.
- **Attitudes** e.g. from family, community, neighbours (is there a lot of stigma, are they supportive or not?).
- Services, systems and policies e.g. transportation, regulations to keep in mind, allowance from government.
- **Economic situation** e.g. income level, living conditions (is the house stable, protected from rain and draft etc.).

# **Appendix II: DEVELOPMENT CHART PHYSICAL**

292 CHAPTER 34

Name			EVALUATIO	N OF A CHILD	IN OF A CHILD'S LEVEL OF PHYSICAL DEVELOPMENT	SICAL DEVE	LOPMENT				RECO SHEI 6 (page
Birth date:		Z #	ote: Although or re separated, the	Note: Although on these guides physical and mental are separated, the two are often closely interrelated.	Note: Although on these guides physical and mental skills are separated, the two are often closely interrelated.		These charts show roughly the average age that a normal child develops different skills. But there is great variation within what is normal.	y the average age is great variation v	that a normal vithin what is	child develops normal.	ET
PHYSICAL DEVELOPMENT	Average age skills begin 3 months	sthe	6 тоть	22	9 months	T year	2 years	sis	3 years	5 years	What to do If a dylid is behind
Head and trunk control	lifes holds have we we be beight he was the beight have been beight says the being says the	hoods up he had and shoulders	holds tums hoad up head and shifts shoulders weight	CAN B.	Node head holds head when lifted	moves and holds head eastly in all directions	4=				Activities to improve head and trunk control (see p. 302).
Rolling		rolls back to belly	rolls back		rolls over and over easily in play		0,000				Activities to develop rolling and twisting (see p. 304).
Sitting	557	Sign of the second	Silts with hand support	begins to	atts wall	3	twiss and moves			•	Work on stiting. Special seating if needed (p. 308).
Crawling and walking		dean dean dean		0 8	or shung	these steps	walks nuns	can walk on tiproe and on heels	wals coally backward	hops on hop for	Advites to Improve balance (see p. 306).
Arm and hand control	grips finger put into hand	begins to reach towards objects	- I / Apres general	(	passes object from one hand to other	50 19	grasps with thumb and foreshipger	easily moves fingers back and forth from nose to moving object		throws and cartoes ball	Eye-hand activities. Use toys and games to develop hand and finger control (see p. 305).
Secing	follows close object with eyes	enjoys bright colorsyshapes		Pacognizas diffusent faces	eyes focus on far object	- #	looks at small things/pictures	Sees small shapes clearly at 6 meters (see p. 453 for test).		3	Have eyes checked (see p. 452), if poor, see Chapter 30.
Hearing	moves or cries turns head at a bud noise to sounds	imponds to		enjoys rhythmic mustic	TOUCH WORK WORK		hears clea most simp	hears clearly and understands most simple language			Have hearing checked. If poor, see Chapter 31.

EVALUATION OF A CHILD'S LEVEL OF MENTAL AND SOCIAL DEVELOPMENT

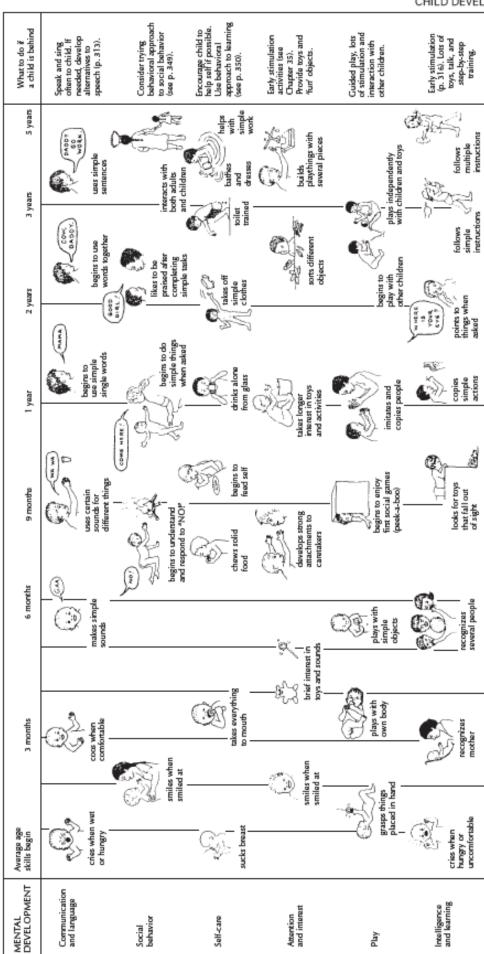
Birth date

Date:

Name:

RECORD

SHEET 6 (page 2)



If the child has reached an age and has noi mastered the corresponding level of skill, special training may be needed. Put <u>Equares</u> around the skill to the right of the one you circled, and focus training on that skill.

Put a circle around the level of development that the child is now at in each area.

Play