ACUTE (emergency)

- General health
- Feeding
- Nutrition
- Seizures
- Check medication
- Refer if needed

BURDEN (relieve)

- Carrying/Positioning (not having to carry all day)
- Support network (neighbours, family)
- Parent Support Group, Income Generating Activities
- Refer if needed

CONTINUATION (stable)

- Functional activities (meaningful, embedded in daily life activities, enjoyable, not too difficult not too simple: just right challenge)
 e.g. communication, mobility, self-care, play/learning, social
- Active life for health and development
- Enjoy daily life
- Refer if needed

Caregivers become EXPERTS
Through coaching