



(NB: These goals and desirable outcomes are taken from WHO CBR Guidelines 2010)

Health component: Goal

People with disabilities achieve their highest attainable standard of health.

The role of CBR is to work closely with the health sector to ensure that the needs of people with disabilities and their family members are addressed in the areas of health promotion, prevention, medical care, rehabilitation and assistive devices. CBR also needs to work with individuals and their families to facilitate their access to health services and to work with other sectors to ensure that all aspects of health are addressed.

Desirable outcomes

- People with disabilities and their family members have improved knowledge about their health and are active participants in achieving good health.
- The health sector is aware that people with disabilities can achieve good health and does not discriminate on the basis of disability and other factors such as gender.
- People with disabilities and their family members have access to health-care and rehabilitation services, preferably in or close to their communities and at affordable cost.
- Health and rehabilitation interventions enable people with disabilities to become active participants in family and community life.
- There is improved collaboration across all development sectors, including education, livelihood and social sectors, to achieve good health for people with disabilities.



Health Component – Goals for each element

Health Promotion: Goal

The health potential of people with disabilities and their families is recognized and they are empowered to enhance and/or maintain existing levels of health.

Prevention: Goal

People with disabilities are less likely to develop health conditions, related or unrelated to their impairments, that affect their functioning and overall health and well-being; and family members and other community members are less likely to develop health conditions and impairments associated with disability.

Medical Care: Goal

People with disabilities access medical care, both general and specialized, based on their individual needs.

Rehabilitation: Goal

People with disabilities have access to rehabilitation services which contribute to their overall well-being, inclusion and participation.

Assistive Devices: Goal

People with disabilities have access to appropriate assistive devices that are of good quality and enable them to participate in life at home and work and in the community.



Education Component: Goal

People with disabilities access education and lifelong learning, leading to fulfilment of potential, a sense of dignity and self-worth, and effective participation in society.

The role of CBR is to work with the education sector to help make education inclusive at all levels, and to facilitate access to education and lifelong learning for people with disabilities.

Desirable outcomes

- All persons with disabilities have access to learning and resources that meet their needs and respect their rights.

Appendix 1

CBR Matrix: 5 components – summary of goals and desired outcomes with goals for component elements

- Local schools take in all children, including children with disabilities, so they can learn and play alongside their peers.
- Local schools are accessible and welcoming; they have a flexible curriculum, teachers who are trained and supported, good links with families and the community, and adequate water and sanitation facilities.
- People with disabilities are involved in education as role-models, decision-makers and contributors.
- Home environments encourage and support learning.
- Communities are aware that people with disabilities can learn, and provide support and encouragement.
- There is good collaboration between the health, education, social and other sectors.
- There is systematic advocacy at all levels to make national policies comprehensive to facilitate inclusive education.



Education Component – Goals for each element

Early Childhood Care and Education: Goal

All children with disabilities have the best possible start in life and are supported throughout their development in inclusive learning environments.

Primary Education: Goal

A welcoming, inclusive primary education system, with local schools at the heart of educational activities, exists within the community.

Secondary and Higher Education: Goal

Students with disabilities have opportunities to learn with others and gain qualifications, skills and experiences, facilitating their livelihood opportunities, empowerment, and inclusion.

Non-formal Education: Goal

People with disabilities develop knowledge and skills, which help to improve their quality of life.



Livelihood Component: Goal

People with disabilities gain a livelihood, have access to social protection measures and are able to earn enough income to lead dignified lives and contribute economically to their families and communities.

The role of CBR is to facilitate access for people with disabilities and their families to acquiring skills, livelihood opportunities, enhanced participation in community life and self-fulfilment.

Desirable outcomes

- People with disabilities have access to skills development and lifelong learning opportunities
- Parents of children with disabilities advocate for access to education, skills acquisition and work opportunities for their children.
- People with disabilities have access to decent work opportunities without discrimination in a safe and non-exploitative environment.
- People with disabilities have access to microfinance services.
- Women with disabilities have equal opportunities for work and employment with men.
- Families of persons with disabilities, especially children and people with severe disabilities, have access to better means of livelihood.
- All poverty reduction strategies and programmes include and benefit people with disabilities and their families.
- The work of people with disabilities is recognized and valued by employers and community members.
- Local authorities adopt and apply policies and measures to improve the access to work for people with disabilities.
- People with disabilities have access to social protection measures as a right.



Livelihood Component – Goals for each element

Skills development: Goal

People with disabilities have the knowledge, attitudes and skills they need for work.

Self-Employment: Goal

People with disabilities have opportunities to earn their livelihood through self-employment, improve their standard of living and contribute to the well-being of their families and communities.

Wage employment: Goal

People with disabilities have equal access to earning a living through wage employment.

Financial Services: Goal

People with disabilities and their families have equal access to financial services to support the development of their economic and other activities and improve their standard of living.

Social Protection: Goal

People with disabilities who are out of work, who cannot work, or whose resources from occupational activities are not sufficient to maintain their livelihood enjoy a minimum standard of living through social protection measures.



Social Component: Goal

People with disabilities have meaningful social roles and responsibilities in their families and communities, and are treated as equal members of society.

The role of the CBR is to work with all relevant stakeholders to ensure the full participation of people with disabilities in the social life of their families and communities. CBR programmes can provide support and assistance to people with disabilities to enable them to access social opportunities, and can challenge stigma and discrimination to bring about positive social change.

Desirable outcomes

- People with disabilities are valued as members of their families and have a variety of social roles and responsibilities.
- People with disabilities and their families are encouraged and supported to contribute their skills and resources to the development of their communities.
- Communities recognize that people with disabilities are valued members, and can make positive contributions to the community.
- Barriers that exclude people with disabilities and their families from participating in social roles and activities are challenged and addressed.
- Local government authorities respond to the needs of people with disabilities and their family members and provide effective social support and services where required.



Social Component – Goals for each element

Personal Assistance: Goal

People with disabilities are able to access personal assistance which meets their needs and enables them to lead active and fulfilling lives.

Relationships, marriage and family: Goal

People with disabilities fully realize their positions and roles within their families and communities.

Culture and arts: Goal

People with disabilities contribute to and participate in the cultural and artistic lives of their families and communities.

Recreation, leisure and sport: Goal

People with disabilities participate both actively and as spectators in recreational, leisure and sporting activities on an equal basis with others.

Justice: Goal

People with disabilities have access to justice on an equal basis with others to ensure full enjoyment and respect of human rights.



Empowerment Component: Goal

People with disabilities and their family members make their own decisions and take responsibility for changing their lives and improving their communities.

The role of CBR is to contribute to the empowerment process by promoting, supporting and facilitating the active involvement of people with disabilities and their families in issues that affect their lives.

Desirable outcomes

- People with disabilities are able to make informed choices and decisions.
- People with disabilities are active participants and contributors in their families and communities.
- Barriers in the community are removed and people with disabilities are accepted as people with potential.
- People with disabilities and their families are able to access development benefits and services in their communities.
- People with disabilities and their family members come together, form their own groups and organizations, and work towards addressing their common problems.



Empowerment Component: Goals for each element

Advocacy and communication: Goal

People with disabilities are able to speak out for themselves.

Community mobilisation: Goal

Local communities are empowered to remove barriers for people with disabilities and their families, and play an active role in facilitating the inclusion of people with disabilities and their families in community activities.

Political participation: Goal

People with disabilities participate in political and public life on an equal basis with others.

Self-help groups: Goal

People with disabilities and their family members participate in groups to resolve common problems, enhance their individual strengths, and improve their quality of life.

Disabled people's organisations: Goal

CBR programmes and disabled people's organizations work together to ensure the implementation of the Convention on the Rights of Persons with Disabilities and community-based inclusive development



Goal: Human Rights - Inclusive Development

